

10 Day Green Smoothie Cleanse Lose Up To 15 Pounds In 10 Days

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10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in 10 ... The 10-Day Green Smoothie Cleanse will jump-start your weight loss, increase your energy level, clear your mind, and improve your overall health. Made up of supernutrients from leafy greens and fruits, green smoothies are filling and healthy and you will enjoy drinking them. 10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in 10 ... 10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in 10 Days! by JJ Smith - The New York Times bestselling 10-Day Green Smoothie Cleanse will jump-start your weight loss, increase your energy level, clear your mind, and improve your overall health. The 10-Day Green Smoothie Cleanse: Lose Up to 15 Pounds in ... In ten days, you can expect to lose weight, reduce cravings, clear your mind, and improve digestion. It is an experience that could change your life if you stick with it! This book provides a shopping list, recipes, and detailed instructions for the 10-day cleanse, along with suggestions for getting the best results.

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